



# 2011



## 健康一日談：健康與保健

### Health Fair: Health and Wellness

日期 2011年9月17日(星期六)  
 時間 上午9:30至下午4:00  
 地點 本拿比Bonsor社區中心  
 6550 Bonsor Avenue  
 (鐵路鎮The Bay百貨公司對面)

Date September 17, 2011 (Saturday)  
 Time 9:30 am to 4:00 pm  
 Venue Bonsor Recreation Complex  
 6550 Bonsor Avenue, Burnaby  
 (Across from Metrotown The Bay)

#### 粵語講座 Cantonese + Lecture +

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|---------------------|---|--------------------------------|
| 09:30 am ~ 10:15 am | 心律失調<br>Cardiac Arrhythmias   | 李霽祺醫生<br>Dr. P. K. Lee         |
| 10:15 am ~ 11:00 am | 年齡與腎臟保健的關係<br>Kidney Protection in the Setting of Aging                       | 趙兆源醫生<br>Dr. Anthony Chiu      |
| 11:00 am ~ 11:45 am | 口腔健康與身體健康互相影響的緊密關係<br>The Common Link Between Oral Health and Systemic Health | 鍾蔭基牙醫<br>Dr. Christopher Chung |
| 12:00 pm ~ 01:00 pm | 開幕典禮<br>Opening Ceremony  |                                |
| 01:15 pm ~ 02:00 pm | 肺與癌<br>Lung and Cancer  | 關玉蓮醫生<br>Dr. Susan Kwan        |
| 02:00 pm ~ 02:45 pm | 乙型肝炎知多少<br>Hepatitis B - Myths and Misconceptions                             | 高軒騫醫生<br>Dr. Hin Hin Ko        |
| 02:45 pm ~ 03:30 pm | 老人痴呆症須知<br>Understanding Dementia   | 錢仍偉醫生<br>Dr. Paul Chin         |

健康講座  
Health Workshops  
健康展覽攤位  
Booth Exhibitions

幸運抽獎  
Lucky Draw  
健康測試  
Health Screenings

免費入場  
Free Admission

查詢請電  
Enquiries  
604-684-1628

#### 國語講座 Mandarin + Lecture +

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|---------------------|---|------------------------------|
| 09:30 am ~ 10:15 am | 婦女腫瘤的預防<br>How to Prevent Women's Cancers                         | 王建渝醫生<br>Dr. Jenny Wang      |
| 10:15 am ~ 11:00 am | 由口腔和牙齒的角度看健康與保健<br>Health and Wellness: A Dental/Oral Perspective | 許振亞牙醫<br>Dr. Nelson T.A. Hui |
| 11:00 am ~ 11:45 am | 兒童生長發育常見問題<br>Child Developmental Problems                        | 賈肖燕醫生<br>Dr. Joanne Jia      |
| 01:15 pm ~ 02:00 pm | 睡眠與精神疾病<br>Sleep Disorders and Associated Psychiatric Issues      | 謝婕醫生<br>Dr. Jane Xie         |
| 02:00 pm ~ 02:45 pm | 糖尿病常識<br>Basics of Diabetes                                       | 王心咏醫生<br>Dr. Xin Yong Wang   |
| 02:45 pm ~ 03:30 pm | 冠狀動脈疾病<br>Coronary Artery Disease                                 | 葉箭醫生<br>Dr. Jian Ye          |

#### 小組討論 Workshop

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|---------------------|---|--|
| 09:30 am ~ 10:30 am | 如何與關節炎和平共處<br>How to Co-Exist with Arthritis                                | 曾廣營醫生及黃憲綱醫生<br>Dr. Ian Tsang & Dr. Simon Huang               |
| 10:30 am ~ 11:30 am | 心臟神怡：心臟病的預防、管理及急救需知<br>Heart Health: Prevention, Management and Emergencies | Dr. Raymond Dong 及何建韜醫生<br>Dr. Raymond Dong & Dr. Kendall Ho |
| 01:15 pm ~ 02:15 pm | 新牙齒科技<br>New Dental Technologies  | 溫建功牙醫<br>Dr. K.K. Wan  |
| 02:15 pm ~ 03:15 pm | 如何預防筋骨損傷及扭傷？<br>Prevention of Soft Tissue Injury                            | 物理治療師黃超斌<br>Mr. Edward Wong                                  |

主辦機構  
Main Organizers



中僑互助會  
S.U.C.C.E.S.S.

協辦機構  
Supporting Organizers



贊助機構 - 銀贊助  
Sponsor - Silver



贊助機構 - 銅贊助  
Sponsors - Bronze

